

WEEK 1 MENU

17-Apr 08-May 29-May 19-Jun 10-Jul
31-Jul 21-Aug 11-Sep 02-Oct 23-Oct 13-Nov
04-Dec 25-Dec 15-Jan 05-Feb 26-Feb
18-Mar 08-Apr



























MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Dish 1	Cheese & Tomato Pizza  Deep base pizza with a cheese and tomato topping	Sausages & Mash Pork & beef cocktail sausages in gravy served with mashed potato	Roast Chicken with Roast Potatoes and Gravy  Roast chicken with roast potatoes and gravy	Beef Pasta Bolognese Traditional beef bolognese with fusilli pasta	Fish Fingers & Chips Breaded cod fish fingers with optional tomato ketchup
Dish 2	Chickpea and Vegetable Tikka Masala and Rice    Mild tikka masala sauce with chunky vegetables and brown rice	Macaroni Cheese  Traditional macaroni in a cheesy sauce	Cheese & Vegetable Bake   Creamy vegetable bake with roast potatoes	Plant-Based Balls in Tomato Sauce with Rice   vegan balls in rich tomato sauce with rice	Vegetarian Burger & Chips  Quorn patty in a bun with the optional tomato ketchup
Jacket Potato	Jacket Potato with Cheese  	Jacket Potato   With vegetarian Bolognese	Jacket Potato with Salmon Mayo & Salad   	Jacket Potato with Baked Beans   	Jacket Potato with Cheese 
Allergy Meal	SD VEGETABLE PAELLA  	SD CHICKEN AND SWEETCORN PASTA 	SD VEGETABLE PIE WITH POTATO TOP  	SD CHEESE AND TOMATO PASTA  	SD GF FISH AND CHIPS & SD HERBY CHICKEN AND POTATOES
Vegetables	Golden Sweetcorn or Salad	Rainbow Vegetables or Salad	Carrots and Cabbage	Garden Peas or Salad	Baked Beans or Salad
Desserts	Smooth Fruit Yoghurt	Cranberry & Orange Shortbread	Jammy Jack	Pineapple Upside Down Cake  	Fruity Friday 

Bread, Milk, Salad, Water & Fruit available every day.
Ketchup served on Friday

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice




















2023/2024

WEEK 2 MENU

24-Apr 15-May 05-Jun 26-Jun 17-Jul 07-Aug
28-Aug 18-Sep 09-Oct 30-Oct 20-Nov 11-Dec
01-Jan 22-Jan 12-Feb 04-Mar 25-Mar



2023/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish 1	Cheese & Tomato Pizza Deep base pizza with a cheese and tomato topping 	Chinese Chicken & Egg Rice   Mild spicy egg rice and chicken	Roast Ham with Roast Potatoes and Gravy Roast Ham with roast potatoes and gravy	Beef Burger in a Bun Traditional beef burger with ketchup and diced potatoes	Fish Fingers & Chips Breaded cod fish fingers with optional tomato ketchup
Dish 2	Cauliflower Macaroni Cheese   Cauliflower and macaroni in a cheesy sauce	Cheese & Tomato Pasta  Creamy cheese and tomato sauce with pasta	Vegetarian Sausage, Roast Potatoes & Gravy   Quorn sausage in gravy with roast potatoes	Vegetarian Pasta Bolognese   soya mince with traditional bolognese sauce and pasta	Vegetarian Dippers and Chips  Crispy Dippers with optional tomato ketchup
Jacket Potato	Jacket Potato With Baked Beans 	Jacket Potato With Cheese 	Jacket Potato With Tuna Mayo & Salad	Jacket Potato With Baked Beans 	Jacket Potato   With vegetarian bolognese
Allergy Meal	SD TOMATO AND LENTIL PASTA 	SD CHICKEN 'FRIED' RICE	SD HERBY CHICKEN AND POTATOES	SD MINCED BEEF AND POTATOES	SD GF FISH AND CHIPS & SD HERBY CHICKEN AND POTATOES
Vegetables	Garden Peas or Salad	Green Beans or Salad	Carrots and Cabbage	Rainbow Vegetables or Salad	Baked Beans or Salad
	Banana Marble Sponge 	Smooth Fruit Yoghurt	Apricot Shortbread	Jammy Jack	Fruity Friday 

Bread, Milk, Salad, Water & Fruit available every day.
Ketchup served on Friday

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice



WEEK 3 MENU

01-May 22-May 12-Jun 03-Jul 24-Jul 14-Aug
04-Sep 25-Sep 16-Oct 06-Nov 27-Nov 18-Dec
08-Jan 29-Jan 19-Feb 11-Mar 01-Apr

Chartwells
So much more than Fantastic Food



MONDAY


TUESDAY

WEDNESDAY

THURSDAY


FRIDAY

Dish 1

Cheese & Tomato Pizza 
Deep base pizza with a
cheese and tomato
topping



Sausages & Mash
Pork & beef cocktail
sausages in gravy served
with mashed potato




**Roast Chicken with Roast
Potatoes and Gravy**
Roast chicken with roast
potatoes and gravy



**Chicken Tikka Masala and
Rice** 
Mild tikka masala sauce
with chicken and rice


Fish Fingers & Chips
Breaded cod fish fingers
with optional tomato
ketchup



Dish 2

Beany Chilli & Rice  
Baked bean mild chilli with
white rice

**Chinese Vegetable & Egg
Rice**   
Mild spicy egg rice and
vegetables

**Vegetarian Sausage,
Roast Potatoes & Gravy**  
Quorn sausage in gravy
with roast potatoes


Macaroni Cheese 
Traditional macaroni in a
cheesy sauce

**Plant-Based Balls in
Tomato Sauce & Chips**  
Vegan balls in a rich
tomato sauce

Jacket Potato

Jacket Potato
With Baked Beans

Jacket Potato 
With Tuna Mayo

Jacket Potato 
With Cheese & Salad

Jacket Potato  
With vegetarian
bolognese


Jacket Potato 
With Cheese

Allergy Meal

SD BEEF CHILLI AND RICE 

SD VEGETABLE PAELLA 

**SD MINCED BEEF AND
POTATOES**

SD GF MACARONI CHEESE 

**SD GF FISH AND CHIPS &
SD HERBY CHICKEN AND
POTATOES**

Vegetables

**Rainbow Vegetables or
Salad**


Garden Peas or Salad

Carrots and Cabbage

Green Beans or Salad

Baked Beans or Salad

Desserts

**Pineapple Upside down
cake** 

Smooth Fruit Yoghurt

**Cranberry & Orange
Shortbread**

**Mandarin &
Lemon Drizzle Slice**

Fruity Friday 

Bread, Milk, Salad, Water & Fruit available every day.
Ketchup served on Friday

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

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